# Whole person hearing healthcare: A qualitative study of innovation and regulation in the hearing health sector

UNIVERSITYOF



Sarah E Hughes,<sup>1</sup> Samantha Cruz Rivera,<sup>1</sup> Barbara Moloney-Oates,<sup>2</sup> Emily Kecman,<sup>3,4</sup> Jennifer Smith-Merry,<sup>3,4</sup> Isabelle Boisvert<sup>3,4</sup>

## Background

**Digital innovation** is transforming health care with opportunities to increase care accuracy, efficiency, and accessibility. 1,2 Digital innovation in hearing health includes apps, sensors, and wearable devices to capture patient data; data integration comparing individual level data with large datasets; and use of Al-based tools.<sup>1</sup>

With innovation comes opportunity and risk. It is the role of regulation to limit potential risks that might arise from a healthcare service or product. This requires in-depth understanding and careful balancing of the perspectives of consumers, product developers, service providers, as well as policy-makers.

### Aims & Objectives

This qualitative study explored stakeholders' perceptions and understanding of the ways in which innovation and regulation are reshaping services in the hearing healthcare sector.

#### **Methods & Materials**

- 29 participants from Australia (n = 16) and the UK (n = 13): adults with HL, their family members, healthcare professionals (HCP), academics/researchers, representatives of hearing device manufacturers, regulators and policymakers.
- Two online workshops (Australia and UK).
- Verbatim transcripts and online discussion boards were analysed in NVivo using reflexive thematic analysis.<sup>4,5</sup>

<sup>1</sup>Zahid, A., et al., A systematic review of emerging information technologies for sustainable data-centric healthcare. Int J Med Inform, 2021. 149: p. 104420.

<sup>2</sup>Bidoli, C., et al., Virtual hospitals: The future of the healthcare system? An expert consensus. J Telemed Telecare, 2023: p. 1357633X231173006.

<sup>3</sup>Boisvert, I., et al., *Disruptions to the hearing health sector*. Nat Med, 2023. 29(1): p. 19-21.

<sup>4</sup>Braun V, Clarke V. *Using thematic analysis in psychology*. Qual Res Psychol 2006; 3(2):77-101 <sup>5</sup>Braun V, Clarke V. Reflecting on reflexive thematic analysis. Qual Res Sport Exerc Health 2019; 11(4):589-597.

#### Results

We identified three broad themes in the data (Table 1). Participant discussions provided a holistic conceptualisation of innovation and regulation in the hearing health sector. Across the themes was an emphasis on the importance of person-centred hearing care (Table 1 and Figure 1).

Theme:	Subthemes:	
Conceptualising regulation & innovation	Innovation and regulation is about more than technology	
	Quality and risk: drivers of innovation and regulation	
	Perception of regulation as context dependent	
Ethical congruence between innovation, regulation & societal values	A desire for:	consumer involvement at every stage of innovation and regulation
		innovation and regulation to tackle perceptions of stigma
		inclusive, accessible, and ethical hearing health care
		fair and trustworthy business practices
Shifting roles & responsibilities	Shifting the responsibility to consumers	
	Shifting the responsibility to product manufacturers	
	Navigating the dominance of hearing health manufacturers	

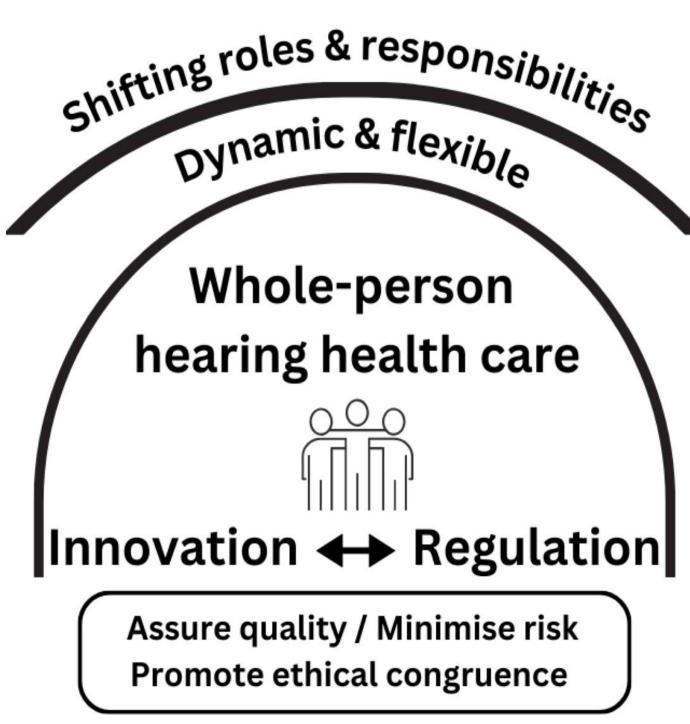


Figure 1: Summary of findings showing key themes relating to stakeholders' perceptions of innovation and regulation in the hearing health sector

#### **Conclusion & Recommendations**

- Participants viewed regulation and innovation as essential vehicles for minimising risk and ensuring quality of hearing technology, services, and information.
- To be considered successful, both regulation and innovation require active involvement from consumers; be ethical, equitable and inclusive; and promote holistic, fair and trustworthy practices.
- Further considerations are required to ensure transparent and safe data management and sharing practices, as well as the accessibility of impartial, complete, and evidence-based information about emerging and new innovations.
- These findings serve as a guide for policymakers, regulators, and the industry to create a more responsive and patient-centred hearing health sector.