SPEECH AND LANGUAGE

# AudioRehab+: Conception of a mobile auditory training application to facilitate and promote access to auditory rehabilitation in newly fitted adults

World Congress of Audiology

Fritz-Legrand M., Le Magadou M., Baussand L., Deriaz M., Valentini G., Cavuscens S., Lenglet S., Perez-Fornos A.

Abstract

Nowadays, some mobile applications for auditory training for patients with hearing loss exist. However, none of them is adapted to the population in our center, because: (1) none of them is available in French; (2) the conception level does not allow patients to work in autonomy from home; (3) the sound output cannot be directly streamed via their hearing device.

For these reasons, we developed *AudioRehab*+, a multi-platform (Android, iOS, web) mobile application specifically designed for auditory training in French.



Download here

## Aim

AudioRehab+ was designed to help teenagers and adults fitted with hearing aids or/and cochlear implants. It was created in order to complete speech therapy sessions and facilitate access to auditory rehabilitation.

#### Methods

AudioRehab+ was designed by our team of speech therapists in collaboration with patients, IT engineers, designers, and researchers, applying a **user-centered approach (1)**. The main design steps are described below:

**Analysis and conception** 



Collecting data related to the patients' needs/expectations

- Brainstorming and design workshops to define training contents, organization of exercises, navigation...
- Designing wireframe and prototype (accessibility and ease of use)

**Prototype and development** 



2022

- Iterative process with an IT team to build the app:
- Design → Evaluation → Redesign
- Audio recording: + 5'000 audio files

**Evaluation** 

2023

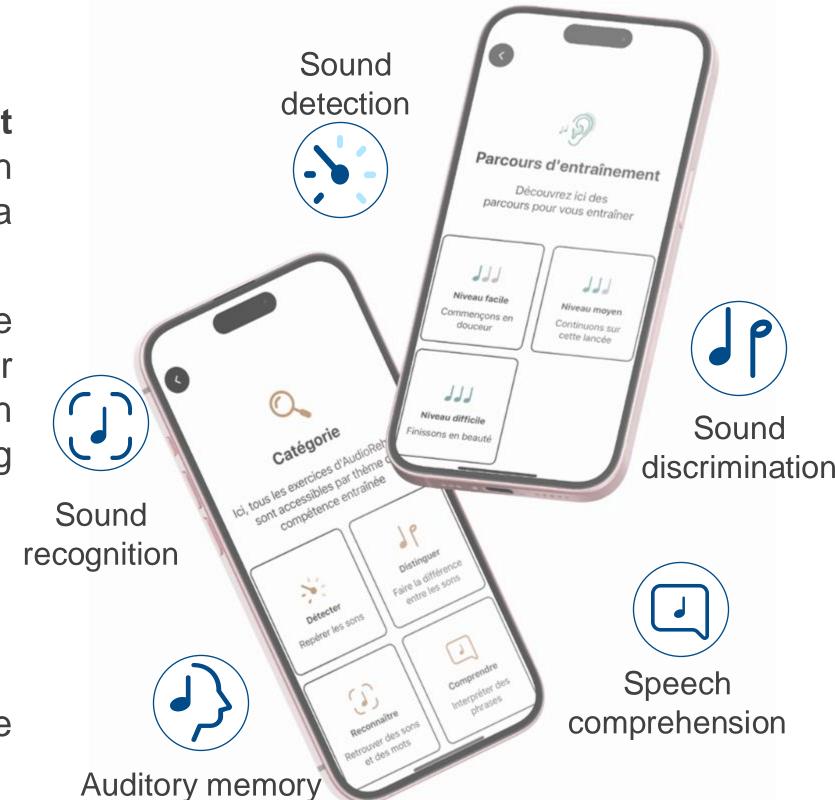


- Usability testing in a laboratory setting
- Acceptance questionnaire completed by patients before and after use (still on-going)

## AudioRehab+ includes:

- + 150 interactive exercises to practice five distinct auditory abilities required for speech comprehension, combining both a bottom-up and a top-down approach
- Two training modes: The patient can either choose from the menu the skill she/he wants to train, or she/he can follow a specific progressive path designed by speech therapists with increasing difficulty.
- Multiple speakers: Male, female, children
- Three levels of difficulty
- Usability testing revealed positive feedback from the patients

## **Results**



## Conclusion

- Patients' feedback was very positive. *AudioRehab*+ is innovative by its large variety of exercises and recordings, its expert-based creation, and its user-centered design approach.
- The possibility to connect the hearing device directly to their personal device is a big advantage to grant ideal conditions of training in every-day settings, especially for patients with single-sided-deafness.
- The next step for *AudioRehab*+ would be to provide both the patient and the specialists with a follow-up of the results, exercise by exercise, to personalize rehabilitation therapy efforts.

## References

Erber, N. (1982). Erber's levels of auditory functioning: Speech perception skills. Alexander Graham Bell Association, 92-94

Sweetow, R., & Palmer, C. V. (2005). Efficacy of individual auditory training in adults: a systematic review of the evidence. *J Am Acad Audiol*, *16*(7), 494-504. https://doi.org/10.3766/jaaa.16.7.9

De Raeve, L., Anderson, I., Bammens, M., Jans, J., Haesevoets, M., Pans, R., Vandistel, H., & Vrolix, Y. (2012). The listening cube: a three dimensional auditory training program. *Clin Exp Otorhinolaryngol*, *5 Suppl 1*(Suppl 1), S1-5. https://doi.org/10.3342/ceo.2012.5.S1.S1

Fu, Q.-J., & Galvin, J. J. (2007). Computer-assisted speech training for cochlear implant patients: Feasibility, outcomes, and future directions. Seminars in hearing,