CARCINOLOGIE ET CHIRURGIE CERVICO FACIALE

Adenoid cystic carcinomas of the head and neck: prognostic and therapeutic aspects.

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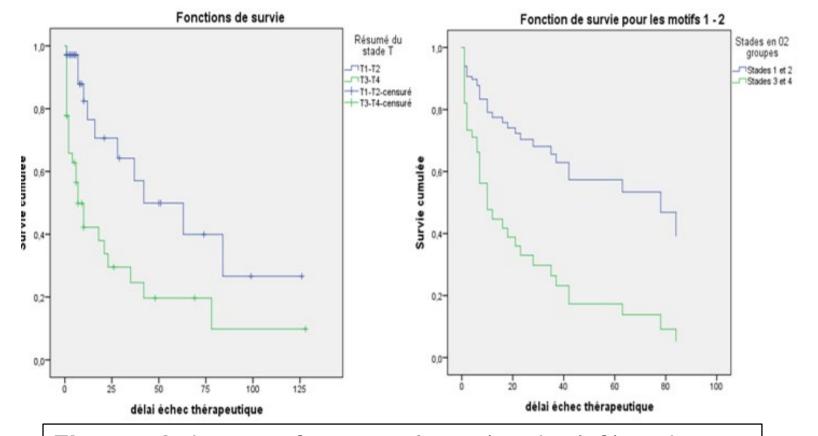
Abstract

- Adenoid cystic carcinoma (ACC) is a rare tumor representing nearly 1% of all malignant tumors of the head and neck. It is characterized by slow growth, making diagnosis at an early stage difficult. It is also known for its high potential for local recurrence and distant metastasis.
- We report 71patients followed for adenoid cystic carcinoma of the head and neck.
- T3-T4 tumors, III-IV stages according to TNM classification, tumoral margins and smoking were correlated with a decreased event-free survival (EFS). Age ≥ 65 years, male gender, perineural and vascular invasions had also pejorative effect on prognosis.





Figures 1 and 2: CT scan (axial section): ACC of the parotid gland (on the left) and of facial bones.



Figures 3: impact of tumor volume (on the left) and tumor stage on disease free survival.

Résultats

- The median age of our patients was 53 years with a sex ratio of 1,08. The main tumor site was the
 parotid gland representing 30% of cases.
- According to 2017 TNM classification, T3-T4 tumors accounted for 51% of all cases and no lymph node involvement was noted in 92% of our patients.
- The proposed curative treatment was as follows: 55 patients were proposed for first line surgical treatment, seven patients for external exclusive radiotherapy and two patients for radiotherapy with chemotherapy. Among the 55 patients operated, 54% (30/55) had no neck dissection.
- Histological examination of lymph node dissection specimens revealed occult lymph node invasion in 14% of cases.
- After an average follow-up of 37 months, 49% of our patients were in therapeutic failure.
- The **overall survival** at five years was **40**% and the **event-free survival (EFS) at five years was 33%.**
- After ten years of follow-up, only five patients(7%) survived, of whom three were in therapeutic failure.
- In bivariate analysis and after adjustment in a multivariate model, **T3-T4tumors**, **III-IV stages** according to **TNM** classification, tumoral margins and smoking were correlated with a decreased event-free survival (EFS). Age ≥ 65 years, male gender, perineural and vascular invasions had also pejorative effect on prognosis.

Objective

• The aim of this study was to describe the therapeutic modalities of ACC and to seek prognostic factors impacting event-free survival (EFS).

Methods

- Our study was retrospective. It involved **71 patients** followed for adenoid cystic carcinoma of the head and neck, collected over a **period of 21 years (1994-2014).**
- Survival and prognostic factors were studied after descriptive analysis.

Discussion

- Adenoid cystic carcinoma is a rare tumor of the salivary glands.
- The parotid is the main location.
- Its lymphatic spread is rare.
- Treatment is based on surgery, the main therapeutic modality, and radiotherapy.
- Survival remains dependent on the tumor stage and tumor location.

Conclusions

• The therapeutic strategy of adenoid cystic carcinoma of the head and neck remains a real challenge. The gold standard treatment is surgery followed by external radiotherapy whenever possible.

Références

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