# Cosmetic and reconstructive surgery

## Scalp cutaneous cyst: an entity to know

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#### INTRODUCTION:

- A scalp cutaneous cyst: a benign tumor.
- Develops under the skin of the scalp.
- A shell containing sebum. They can become infected and painful.

### Objective:

Describe the clinical and anatomopathological epidemiological profile of cutaneous cysts in our institution and to determine the therapeutic management.

#### Materials and methods:

We conducted a retrospective study over a period of 9 years (2016-2024). Epidemiological, clinical and therapeutic data were collected from the register of patients in our outpatient clinic and from patients who had been hospitalized in our department.

#### 13 patients.

- Mean age: 52,2 years (23 to 88 years old),
- Female predominance was noted (sex ratio 0,18).
- Family history: similar family cases: 3 cases.
  - Personal history:
  - High blood pressure: 2 patients
- Cutaneous cyst surgery: 2 patients
- Main reason of consultation: one or more tumefactions on the scalp in all cases.
- Multiple tumefactions: in 8 cases (Fig.1)
- Inflammatory signs associated with pain: 2 patients.

Parietal localization: + frequent: 11 cases.







Fig1: Multiple swellings on the scalp Fig2: Orange-peel incision

#### Results:



Fig 3a

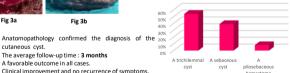


Fig 3b

Fig 3b: Postoperative appearance

Fig 3a: Per-operative appearance of a scalp cutaneoeous

Anatomopathological types of cutaneous cysts



cutaneous cyst. The average follow-up time: 3 months

- A favorable outcome in all cases.
- - Clinical improvement and no recurrence of symptoms.

### Conclusion:

- The cutaneous cyst develops from a sebaceous gland. It evolves slowly and is diagnosed clinically. .
  - Because it is aesthetically unpleasant, the treatment is surgical removal. References:
  - Journal of Craniofacial Surgery 23(2):p e164-e168, March 2012.

Clinical Article - Brain Tumors, Published: 09 November 2014, Volume 157, pages 217–223, (2015)

## Discussion:

- A scalo cutaneous cyst is a benign tumor of skin. The most frequent localization is parietal, in hairy areas.
- A clear predominance of women has been noted in the literature, which is consistent with our study.
- The most common clinical presentation is **nodular**, but it can also be **inflamed** and **fistulized**.
- In our case, the lesions were mostly **nodular.** Surgical excision is the standard treatment for scalo cutaneous cyst. In the majority of cases, it is sufficient to achieve complete remission.

